



2016 USA GYMNASTICS REGION 2 CHAMPIONSHIPS CLUB REGISTRATION FORM



Congratulations on qualifying to Regionals! We are excited to see you in Pullman!
Information will be posted on the event website as soon as it's available. We thank you in
advance for your patience.

CLUB _____ CLUB # _____

CITY,ST,ZIP _____

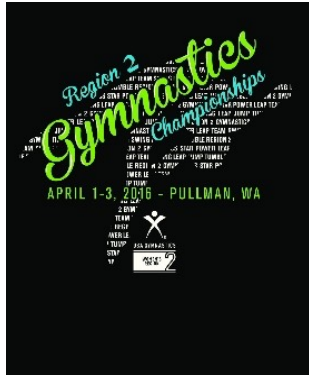
HEAD COACH OR MAIN CONTACT _____ PH# _____

EMAIL (PRINT CLEARLY) _____

WHICH DAYS WILL YOU BE COACHING?

COACHING ROSTER <small>Coaches not on this roster will not be allowed into the competition arena.</small>	USAG#	FRI. L7	FRI. L10	FRI. L8 ALL *	SAT. L9	SUN. L8

Please attach a team roster and \$125/athlete to
this form and use the following code to
communicate necessary information about your
gymnasts.
* = L8 All Star
A = Alternate
S = Specialist
P = Petitioning
2016 = Graduating Senior



Event Information for Coaches and Parents

With just 2 weeks between State and Regionals, we will work as quickly as possible to get the session assignments and rotations posted. Please check the event website frequently for updates. <http://www.palouseempiregymnastics.com>

Athlete/Coaches Check-in will be on the main concourse near ticketing. Please see the hours for each day listed below.

Coaches will be asked to show their USAG Membership Card upon Check-in. They will then receive a wristband that needs to be worn at all times for identification purposes. Professional conduct and attire as stated in the USA Gymnastics Rules and Policies will be expected.

Competitors and families will receive a welcome packet which will include an athlete wrist band. This will be their pass to get onto the competition floor and into other sessions. Their names will be written on the inside of the band (in case they get lost). There is a \$10 charge for replacement wristbands (The cost of an admissions ticket!). Also in the packet will be a T-shirt Coupon and a complementary program for the family.

Tentative Schedule

Thursday March 31

8:30am-2:30pm Athlete/Coaches Check-in
9am-4:30pm Workout Day *(Coaches can sign up online starting Monday 3/21. Links will be posted on the website)*
6-9pm Regional and State Meetings

Friday April 1 (age groups TBA)

7:30am - 8pm Athlete/Coaches Check-in
8am - Level 7 Invite
11:30am - Level 10
3pm - Level 10
7pm - Level 8 All-Star Competition

Saturday April 2 (ages groups TBA)

8am - 5pm Athlete/Coach Check-in
9am - Level 9
1pm - Level 9
5pm - Level 9

Sunday April 3 (age groups TBA)

7:30am - 5pm Athlete/Coach Check-in
8am - Level 8
12:30pm - Level 8
5pm - Level 8

Admission is Daily

\$15/adult \$10 youth and \$5 WSU/UI Students. \$35/adult wkend pass \$25/youth wkend pass.

Programs will not be for sale. Each gymnast will receive one at check-in.

Graduating Senior? Parents or coaches are welcome to submit a FREE message to their graduating senior and we will print it in the program at no charge. See the event website for more information and deadline.

Athletes must be in the stands when not competing.

Wallace Photography will be on site for event photos.

Event shirts can be pre-ordered online or purchased on site.