

# Region 2 Gymnastics Newsletter

**November 2020**

We are almost to a new year. Let us hope it is filled with open gyms and lots of meets! There has been lots of changes happening during this time. Please be sure and READ all the info.

## New “JO” Name

USA Gymnastics Announces **“USAG Development Program”** for the new name of the JO Program.

So, Tiffany is the RDPC!

## Rules and Policies

The Rules and Policies page online has changed its look to help you find things easier. It is awesome!!

[https://usagym.org/pages/women/pages/rules\\_policies.html](https://usagym.org/pages/women/pages/rules_policies.html)

## Virtual Sanctions

Virtual sanctions are a go! Region 7 has been doing several pilot meets and worked out many kinks for the rest of us. Virtual meets can be used for mobility. The use of virtual competitions for qualification to State Championships will be decided by your State Committees. The Virtual Playbook is a “living document” so changes will be made as we navigate this new program.

The Playbook for virtual meets is here:

[https://usagym.org/pages/membership/pages/info\\_virtual\\_sanction.html](https://usagym.org/pages/membership/pages/info_virtual_sanction.html)

## Athlete Memberships

Parents have been sent renewal e-mails from USA Gymnastics. Once they renew their athletes, they will be sent a code for 15% off of GK.

Other partner discounts are here: [https://usagym.org/pages/membership/pages/sponsor\\_benefits.html](https://usagym.org/pages/membership/pages/sponsor_benefits.html)

## Medical Personnel

Update to the requirements for medical personnel at sanctioned competitions are found on page 32: [https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2020/04\\_meetdirectors\\_102820.pdf](https://usagym.org/PDFs/Women/Rules/Rules%20and%20Policies/2020/04_meetdirectors_102820.pdf)

For all virtual and local competitions hosted in-gym, medical coverage is recommended, but not required, if all participants are affiliated with the host club. (Host club = obtained the sanction for the event and the competition is hosted at the gymnastics club’s physical location, as listed on the USA Gymnastics Member Club profile.) – If participants are affiliated with a club that is not the host club (i.e. dual meet), medical coverage, as listed in the Women’s R&P, is required. – For meets outside of a gym, Sanctioned Event Minimum Medical requirements must be followed.

## **Meet Referees**

There is a new online form for meets. When the meet director adds you to the meet reservation system, you will be sent the link. You can add any meet comments to the online form rather than on the paper form.

## **Meet Directors**

You must use the meet reservation system for all sanctioned events. Here is a how to guide:

[https://usagym.org/PDFs/Member%20Services/meetreservation\\_0820.pdf](https://usagym.org/PDFs/Member%20Services/meetreservation_0820.pdf)

Be sure your meets are following all your local guidelines. The Rules and Policies (page 12) states that part of your job is to keep athletes safe. Following the local and state guidelines falls under this requirement.

## **Revisions to the DP 2018 - 2022 Flip Book**

Since the Flip Book is a spiral-bound booklet, it is suggested that you print the revised pages in Portrait orientation, then cut out the columns that have yellow highlight and paste them over the corresponding page in the Flip Book.

[https://usagym.org/PDFs/Women/development/optionals/flipbook\\_102220.pdf](https://usagym.org/PDFs/Women/development/optionals/flipbook_102220.pdf)

## **Xcel Information**

Xcel Code of Points revised pages are available as well as the digital Xcel Code of points is live for update.

<https://usagym.org/pages/women/updates/xcel.html>

Here are the four changes/clarifications that were Xcel specific for the 2020-21 season. Do consult the Xcel Code of Points for details.

- 1-judge panels are allowed for mobility purposes at ALL Divisions
- There is NO deduction for tape or chalk marks placed on the Bronze and Silver Mat Stack
- There is NO deduction if a coach leans/against/bears weight on the Mat Stack when attempting to spot a Bronze Vault 2 or a Silver Vault
- "Under-rotation of Salto Vaults" deduction is a flat 0.10 (applies to Diamond only).

## **Save the Dates**

**June 11 – 14, 2021 - National Compulsory Workshop- Reno**

**August 14 – 15, 2021 - Region 2 Congress and Compulsory Workshop- OMEGA**