

July 2021 Region 2 Newsletter

A HUGE thankyou to Linda Mulvihill for all her 27 years of service as RTCC for Region 2!

Regional News: 2023 Host of Xcel Regionals- NAAG in Eugene and 2023 Host of DP Regionals is Emerald City.

Lots of changes coming this fall! The minutes of the various meetings are attached. **Some** of the changes are noted below: **Read the minutes for all changes.**

Administrative:

- Raise maximum for state entry fee for Xcel Bronze, Silver, and gold to \$85
- Raise maximum for state entry fee for Xcel Platinum and Gold, and all DP to \$95

Technical:

- The gymnasts can wear black Lycra shorts over their competition leotards. The black Lycra shorts must be plain. No adornments, jewels, colors, or large logos.
- The gymnasts can wear multiple stud earrings in their ears.

DP

- Level 7 Vault: For "Failure to land on any part of the bottom of the feet first"
 - a) No Deduction for Tsukahara and Yurchenko entry vaults
 - b) VOID for Front Handspring entry VAULT

Xcel:

- NEW - Any gymnast who has had previous competitive experience in any system (including USA Gymnastics) and who is a minimum of 12 years of age is eligible to petition for entry into Level 7 and below by submitting a formal written request to the State Administrative Committee.

Reminder to sign up for **Regional Congress**. We are focusing on compulsories this year and have Tom Koll coming! **Friday is with athletes-** sign up at USAG. See the flier!

Region 2 Calendar: 2021 – 2022 **SAVE THE DATES *Hot shots TBA**

August 12-14	Congress	OMEGA	Beaverton, OR
September 25-26	Inland Camp	Dynamics	Spokane, WA
October 2-3	North Camp	Emerald City	Redmond, WA
October 16 -17	South Camp	Naydenov	Vancouver, WA
November 13 – 14	High Tech	Metropolitan	Kent, WA
April 22 – 24	DP Regional	Naydenov	Vancouver, WA

April 29 – May 1

Xcel Regional NW Aerials Everett, WA

Sincerely,

Marian