

### WOMEN'S XCEL COMMITTEE MEETING Daytona Beach, FL.

Meeting was called to order by Claudia Kretschmer (NXCC) at 1:00 PM on Tuesday, May 18, 2021.

Roll Call:

NXCC	Claudia Kretschmer
Region 1	Jill Preston
Region 2	Dianne Palmer
Region 3	Louise Janecky
Region 4	Megan Robinson Bankole
Region 5	Nancy Gibson
Region 6	Gail Caspare
Region 7	Jane Caruso, Jen Skorski (incoming)Zoom]
Region 8	Elaine Wulf, Pam Kitchen (incoming)
WDPD	Christy Naik

- **1.** Claudia welcomed the committee and guests and thanked them for their commitment to USA Gymnastics and the Xcel Program.
- 2. Claudia asked for each regional chair to provide a report.
- **3.** Discussion and review of program philosophy.

# The following clarifications and recommendations for change are effective August 1, 2021, unless otherwise stated.

## Women's Administrative Committee Changes & Clarifications (WAC)

Claudia, Christy and Tom provided updates from each of the other committee meetings. All changes and clarifications can be found in each committee's respective minutes, which can be found on the website <a href="https://www.ncg/pages/women/minutes/">https://www.ncg/pages/women/minutes/</a>.

## Women's Development Program Changes (refer to DP/TC Joint minutes-May 2021)

The following considerations for change have been adopted by the Xcel Program:

- New definition of Acro "PASS" vs Acro "Series" for Floor Exercise An Acro Pass is defined as: "An approach (usually, but not required, to be initiated by a step, hurdle or run) resulting in the performance of one or more acro elements (with or without hand support). An acro pass with two or more non-salto elements must be directly connected. An acro pass with two or more saltos may be directly or indirectly connected with hand-support elements."
- 2. The addition/deletion of a Dance value part element following and directly connected to the last element in an acro pass will make the acro pass different.
- 3. Fall time on Vault, Bars and Beam will now <u>start</u> when gymnast is back up on her feet.
- 4. Solid black shorts will now be allowed over the leotard in competition see 2021-22 R&P.
- 5. Multiple stud earrings in an ear are permissible.
- 6. Remove the requirement of a random draw within each squad at State and Regional competitions.



- Teammates may start together consecutively but may not end up consecutive on following events due to the drop applied for each event.
- 7. A rebounding/inflatable device :
  - a. *Women's Rules & Policies (R&P)*, page 54.H.add e. An inflatable rebounding device cannot be used for mounting purposes.
  - b. *Xcel Code Of Points* All references to use of springboard/mounting devices will include the following: An inflatable rebounding device cannot be used for mounting purposes.
- 8. Flashing Vault numbers at State Meets and above
  - Does NOT need to be on a score flasher.
  - May use a whiteboard.
- 9. Mobility from Xcel to Development Program:
  - Any gymnast who has had previous competitive experience in any system (including USA Gymnastics) and who is a minimum of 12 years of age is eligible to petition for entry into Level 7 and below by submitting a formal written request to the State Administrative Committee.
- 10. Matting at Regionals
  - Vault and Floor a 7'6" wide sting mats must be available, in addition to the current equipment requirements for Bars and Beam, as listed in the *Women's R&P*.

## Xcel Code of Points (XCOP)

#### BARS

- 1. The statement in Xcel paper Code, Judges-3, II, D will be inserted in UB Chapter to make it clearer that one element may fulfill more than one (two, three) Special Requirements if not specifically prohibited in the Special Requirement description.
- 2. Changing wording on UB Rules Chart, Clarifications
  - a. Change to: "When a skill is preceded by a cast, both the cast and the skill MAY receive separate VP credit if the cast achieves the Division angle requirement."
  - b. All the "Exceptions:" listed remain applicable

#### 2022-26 Xcel Code Development

Xcel Committee broke into sub-committees to work on event changes for the 2022-26 Xcel Code.

#### Discussion

- Addition of a Division above Diamond with fewer difficulty restrictions and/or a separate Division within Diamond that would accommodate Development Program Level 9/10 gymnasts who want to transition to the Xcel program. Regions 3, 6, 7 & 8 have volunteered to pilot the added division for 1 year, with the possibility to be included in the *Xcel Code* in 2022.
- 2. Ways to reach more of the coaching community. The committee would like to reach those coaches/judges who are not able to attend Regional or National Congresses. A discussion of providing short informational videos and possibly a committee website, etc.

Meeting Adjourned, May 19, 2021 12:00 pm