

Region 2 Training Camps

Levels 6-10
Save the Dates!!!!!!!

South Camp-Sept 17-18

Location TBA-(OMEGA or Athletic Edge)

North Camp-Sept 24-25

Location-Emerald City Gymnastics, Redmond WA

Inland Camp-Oct 1-2

Location- Dynamic, Spokane WA

High Tech-Oct 15-16

(Lv 9 Regional Qualifiers - Lv 10 National Qualifiers)

Location-Ascend, Auburn WA

COST

\$150
Per Gymnast

T-Shirt
For
Gymnasts

Final Schedule -TBA

Saturday –Full Day (8hr)

Sunday– 1/2 Day (5hr)

Coaches Education

Coaches will have 2 hours of lecture and education at the end of Saturday Practice

Athlete Registration
Opens
August 8th

Register through
USA Gymnastics

Please send rosters with T-Shirt size to:

tami@omega-gymnastics.com

All payments made out to:

Region 2 gymnastics

Mail full payments to:

OMEGA Gymnastics

c/o Tiffany Quincy

9700 SW Harvest Ct. Ste. 180

Beaverton, Or 97005

(only full payments will hold your spot)



USA GYMNASTICS.

WOMEN'S
REGION

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