HIGH TECH CAMP

Level 9 Regional Qualifiers All Level 10 NOVEMBER 2-3, 2024



METROPOLITAN GYMNASTICS 6822 S. 190th St Kent, WA 98032 WEBSITE

CAMP SCHEDULE

SATURDAY

Check In: 10:00-10:30am Warm Up: 10:30-11:15am Lunch: 1:15-1:45pm Snack: 3:40-4:00 Dismissal: 5:30-5:45pm

SUNDAY

Check In: 9:00am Warm Up: 9:15am Dismissal: 2:00pm

COACHES ROUND TABLE Saturday 4:00-5:30pm GIFTS FOR ATHLETES

Register
Athletes
through
USA
Gymnastics

USA
Gymnastics
REGION 2

Per Gymnast

COST

\$225

QUESTIONS ???

Email Tiffany Quincy R2DPCC@omega-gymnastics.com

ALL PAYMENTS

MADE OUT TO:

Region 2 Gymnastics

MAIL TO:

Emerald City Gymnastics (ECGA) c/o Sandy Flores 17965 NE 65th St Redmond, WA 98052

Only Full Payments Will Hold Your Spot REGISTRATION CLOSES 10/18/24 NO REFUNDS AFTER 10/18/24

- <u>Coaches Attend Free</u>: Must be registered thru USA Gymnastics and up to date with certifications.
- Athlete registration must be done by club administrator thru USA Gymnastics online.
- Payments should be sent together for entire club registrations.
- All correspondence should go thru athletes club coach or administrator.

CAMP COACHES:

- JINA WHIPPLE-Mountain West Gymnastics
- BRETT WARGO-Ascend Gymnastics
- YULIA HANCHEROFF-Metropolitan Gymnastics
- GUENNADI KOMISSAROV-Metropolitan Gymnastics
- SUMMER NELSON-WINGS (DANCE)
- BRYAN RASCHILLA-NAAG (Formerly OSU)
- CHRIS BUSHARD-Velocity Gymnastics
- More coaches to come!!!!