



MOUNTAIN SUPER CAMP

Level 4-10
OCTOBER 12-13, 2024

LONE MOUNTAIN GYMNASTICS



<https://www.lonemountain.biz/>

2216 Boothill Court
BOZEMAN, MT 59715

CAMP SCHEDULE

SATURDAY

Check In: 10:00-10:30am
Warm Up: 10:30-11:15am
Events: 11:15-1:15
Lunch: 1:15-1:45pm
Events: 1:45-3:45
Snack: 3:40-4:00
Judges Review: 4:00-5:30

SUNDAY

Check In: 9:00am
Warm Up: 9:15-9:45
Events: 9:45-11:45
Snack: 11:45-12:00
Events: 12:00-2:00

COACHES ROUND TABLE
Saturday 4:00-5:30pm

QUESTIONS ???

Email Tiffany Quincy
R2DPCC@omega-gymnastics.com

ALL PAYMENTS

MADE OUT TO:

Region 2 Gymnastics

MAIL TO:

Emerald City Gymnastics (ECGA)
c/o Sandy Flores
17965 NE 65th St
Redmond, WA 98052

Only Full Payments Will Hold Your Spot

REGISTRATION CLOSSES 09/27/24

NO REFUNDS AFTER 09/27/24

T-Shirts
For
Gymnasts

Register
Athletes
through
USA
Gymnastics



COST
\$225
Per Gymnast

- **Coaches attend free: Must be registered thru USA Gymnastics and up to date with certifications.**
- **Athlete registration must be done by club administrator thru USA Gymnastics online.**
- **Payments should be sent together for entire club registrations.**
- **All correspondence should go thru athletes club coach or administrator.**

CAMP COACHES:

- **CHRIS BUSHARD-Velocity Gymnastics**
- **SARAH KORNGOLD-Ascend Gymnastics**
- **MEGAN GRIGSBY-Ignite Gymnastics**
- **BRANDON BUSHARD- Velocity Gymnastics**
- **BARB DEPASQUALE-Avant Coeur Gymnastics**
- **SHAY GARNER-Formerly of Elevate**
- **DAN ALCH-Arctic Gymnastics & "Camp of Champions"**
- **SARAH DAVIS- Dance and Choreography**