SUPER CAMP SOUTH

Level 6-10 SEPTEMBER 14-15, 2024



CAMP SCHEDULE

SATURDAY

Check In: 10:00-10:30am Warm Up: 10:30-11:15am Events: 11:15-1:15 Lunch: 1:15-1:45pm Events: 1:45-3:45 Snack: 3:40-4:00 Judges Review: 4:00-5:30

SUNDAY

Check In: 9:00am Warm Up: 9:15-9:45 Events: 9:45-11:45 Snack: 11:45-12:00 Events: 12:00-2:00

COACHES ROUND TABLE Saturday 4:00-5:30pm T-Shirts For Gymnasts

Register
Athletes
through
USA
Gymnastics



USA

Gymnastics REGION 2

> COST \$225 Per Gymnast

QUESTIONS ???

Email Tiffany Quincy R2DPCC@omega-gymnastics.com

ALL PAYMENTS

MADE OUT TO:

Region 2 Gymnastics

MAIL TO:

Emerald City Gymnastics (ECGA) c/o Sandy Flores 17965 NE 65th St Redmond, WA 98052

Only Full Payments Will Hold Your Spot REGISTRATION CLOSES 8/30/24 NO REFUNDS AFTER 8/30/24

- <u>Coaches attend free:</u> Must be registered thru USA Gymnastics and up to date with certifications.
- Athlete registration must be done by club administrator thru USA Gymnastics online.
- Payments should be sent together for entire club registrations.
- All correspondence should go thru athletes club coach or administrator.

CAMP COACHES:

- DREW GROW-Westside Gymnastics
- SARAH KORNGOLD-Ascend Gymnastics
- RYAN SAGMEISTER-OOA
- ALYSSA LYTLE-ABK
- TIFFANY QUINCY-R2DPCC
- LOGAN MELANDER-OMEGA Gymnastics
- BRYAN RASCHILLA-NAAG (Formerly OSU)
- MOLLY GILL-LYNN MCCAFFREY-NAWG